

CHETNA WELFARE SOCIETY (REGD.)

(AN NGO DEDICATED IN THE SERVICE OF DIVYANG CHILDREN)

STREET CHILDREN & WOMEN EMPOWERMENT

Annual Report | 2018-19



For Chetna Welfare Society (Regd.)

President

Attested

For Chetna Welfare Society (Regd.)

Ratna Sharma



माननीय पाठकगण,

मुझे अत्यन्त प्रसन्नता हो रही है चेतना वैलफेयर सोसायटी की वर्ष 2018-19 की वार्षिक रिपोर्ट शिक्षक दिवस के उपलक्ष्य पर इसका विमोचन हो रहा है। चेतना वैलफेयर सोसायटी चेतना के नाम से प्रसिद्ध है, इसका प्रत्येक पदाधिकारी व संस्था परोपकारी व सामाजिक कार्यों में निरन्तर प्रयासरत है। मैं संस्था द्वारा चलाये गये दिव्यांग एवं स्ट्रीट चिल्ड्रन स्कूल में पढ़ रहे बच्चों के उज्ज्वल भविष्य की कामना करती हूँ व आशा करती हूँ कि ये बच्चे समाज की मुख्य धारा में अपनी अहम भूमिका निभाएँ।

हमारी संस्था 18 वर्षों से दिव्यांग एवं स्ट्रीट चिल्ड्रन व गरीब लड़कियों की सेवा में सदैव तत्पर रही है। हमारी संस्था का मुख्य उद्देश्य है कि इन बच्चों को उचित शिक्षा एवं कौशल प्रशिक्षण द्वारा यथासंभव आत्मनिर्भर बनाना एवं समाज की मुख्य धारा में लाना।

आईये अपने हाथ बढ़ाएँ और अपने छोटे से अनुदान से ऐसे बच्चे जिनका अपने तन और मन पर कोई नियंत्रण नहीं है और आपकी करुणा के हकदार है उनका उज्ज्वल भविष्य बनाने में सहयोग दें।

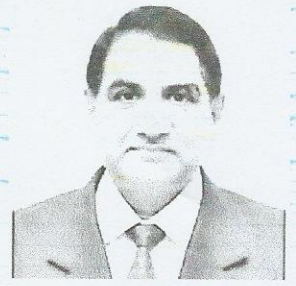
शुभकामनाओं सहित,
आपकी सेवा में,

रेखा शर्मा, अध्यक्ष

चेतना वैलफेयर सोसायटी (रजि.) ने दिव्यांग बच्चों को आत्मनिर्भर बनाना व उनको समाज की मुख्यधारा में लाने हेतु तथ्य को मदद नजर रखते हुए चेतना स्कूल फॉर स्पेशल चिलड्रन की स्थापना की और आज न केवल 190 बच्चे जिनको अक्षम से सक्षम बनाने में प्रयासरत है, समाज में इस सन्दर्भ में जागरूकता में भी सफलतापूर्वक प्रयास कर रही है। साथ ही वो बच्चे जो गलीयों में बिना उद्देश्य धुमना व गंदी आदतों में लिप्त होना उनके लिए सत्यभावा स्कूल फॉर स्ट्रीट चिलड्रन खोला गया जहाँ आज करीब 180 बच्चों प्राईमरी स्कूल तक की शिक्षा प्राप्त कर रहे हैं, और प्राईमरी के बाद 10+2 के सरकारी स्कूलों में दाखिला दिलवाना और इन बच्चों के अभिभावकों के साथ लगातार सम्पर्क रखना एक चुनौतीपूर्ण कार्य में सफलतापूर्वक प्रयासरत है। ऐसे कई बच्चे संस्था के सहयोग से 10+2, बी.ए., बी. कॉम., बी. टैक जैसी शिक्षा प्राप्त कर आज नौकरियाँ कर रहे हैं। चेतना ने अभावग्रस्त महिलाओं को पिछले 16 वर्षों से सिलाई में प्रशिक्षण देकर उन्हें सफलतापूर्वक आत्मनिर्भर बनाने में और पिछले चार वर्ष से ब्यूटी पालर प्रशिक्षण द्वारा एक और इस दिशा में ठोस कदम उठाया है। चेतना द्वारा किये जा रहे उपरोक्त सभी समाज कल्याण कार्य निःशुल्क है, और ये सम्भव हो पाया उन सभी आदरणीय दान दाताओं के सहयोग से जिनका मैं और समस्त कार्यकारणी तह दिल से धन्यवाद करती हूँ।

हमारे जीवन में मानव सेवा का बहुत महत्व है और जब हम अक्षम व गरीब बच्चों की सेवा करते हैं तो यह महत्व और भी बढ़ जाता है। कहते हैं कि मानव जीवन भाग्य है तो मानव सेवा सौभाग्य है। चेतना वैलफेयर सोसायटी समाज सेवा का वह प्रारूप है जिसके माध्यम से मानव सेवा कर आप अपने आप को भाग्यशाली बना सकते हैं। मैं आप सभी से यह अपील करती हूँ कि हम सभी किकर्तव्यमुद् भाव से उपर उठें, अपने कर्तव्य बोध की स्थिति को जाने व मानवता की कर्म सेवा को जीवन में धारण करें। इसमें हम सबका कल्याण है, समाज और राष्ट्रीय कल्याण है।

मैं संस्था के संस्थापक डॉ. एस कुमार नागपाल, महासचिव श्री दाऊजी सिंह व संयोजक श्री आरडी शर्मा एवं समस्त कार्यकारणी का आभार प्रकट करती हूँ जिनके मार्गदर्शन में मुझे अपना दायित्व निभाने में सहयोग मिला रहा है। □



यह अति हर्ष व गर्व की बात है कि अपने 18 वर्षों के सफलतापूर्वक कार्यकाल संपूर्ण हेतु चेतना वेलफेयर सोसायटी अपनी वार्षिक रिपोर्ट 2018-19 आपके समक्ष प्रस्तुत कर रही है। मुझे यह बताते हुए अति हर्ष हो रहा है कि चेतना ने समाजकल्याण गतिविधियों के संदर्भ में सराहनीय कार्य किया है। जैसे कि दिव्यांग बच्चों का स्कूल, स्ट्रीट चिल्डरन का स्कूल, व्यवसायिक प्रशिक्षण केन्द्र सभी दिशाओं में उत्कृष्ट कार्य हुआ है। मैं आप सभी से विनम्र अनुरोध करता हूँ कि आप हमारे इन दिव्यांग बच्चों को अक्षम से सक्षम बनाने, स्ट्रीट चिल्डरन को उचित शिक्षा देने और नारीसशक्तिकरण में हमारा सहयोग दें। आप इन बच्चों को @1000/- प्रति माह प्रति बच्चा स्पान्सर कर सकते हैं किताबें, स्टेशनरी, यूनिफार्म, जूतें इत्यादि दानकर सकते हैं। आप इन बच्चों के लिए अपने जन्मदिवस या विवाह वर्षगांठ पर भण्डारा भी आयोजित कर सकते हैं। चेतना वेलफेयर सोसाईटी को दिये गये दान 80जी के अन्तर्गत इन्कम टैक्स पर छुट का लाभ उठा सकते हैं।

मैं अपनी व संस्था की प्रबन्धन समिति की ओर से श्री आरडी शर्मा (पूर्व मुख्य प्रबन्धक इंडियन ऑयल) संयोजक/संरक्षक जिनके प्रयासों से यह वार्षिक रिपोर्ट प्रस्तुत की गई, और उनके अथक प्रयास व मार्गदर्शन में संस्था ने अभूतपूर्व सराहनीय कार्य हेतु मैं आभार प्रकट करता हूँ।



चेतना वेलफेयर सोसायटी का संस्थापक होने की हैसियत से आज मुझे अत्यन्त हर्ष हो रहा है कि संस्था की वार्षिक रिपोर्ट 2018-19 आपके समक्ष प्रस्तुत है मेरी ओर से संस्था की अध्यक्ष श्रीमती रेखा शर्मा, महासचिव श्री दारुजी सिंह एवं संयोजक श्री आरडी शर्मा व कार्यकारी के सभी सदस्यों को मेरी हार्दिक शुभकामनाएँ।

मैं 18 वर्षों से संस्था के अथक प्रयास देख रहा हूँ संस्था के सभी पदाधिकारियों के हौसलें बुलन्द है। आपसी सदभाव के साथ ये दिव्यांग एवं स्ट्रीट चिल्डरन की सेवा में सदैव तत्पर रहते हैं।

संस्था का मूल उद्देश्य यही है :-

ॐ सर्वे भवन्तु सुखिनः। सर्वे सन्तु निरामयाः।

सर्वे भद्राणि पश्यन्तु। मा कश्चित् दुःख भाग्भवेत्॥



Sh.R.K. Makkar, Patron



It is a matter of great pleasure and pride to note that Chetna Welfare Society is contributing significantly in overall development of Divyang children, Street children and poor women, and thus rendering pioneering services to Humanity.

Shri I.C. Singhal, Patron



I am glad to know that Chetna Welfare Society is achieving milestones after milestones every year. I sincerely thank and bless President, Mrs. Rekha Sharma and Coordinator/Patron – Sh. R.D.Sharma for making serious efforts in taking the NGO-Chetna to newer heights.

Shri R.K. Sharma, Patron



It gives me lot of pleasure to know that Chetna Welfare Society has made its own place in the most esteemed NGOs of not only Faridabad but in NCR itself, and fully committed in the service of Humanity.

Rtn. Gurnam Singh Virdi, Patron



It gives me immense pleasure that Chetna Welfare Society is making multi-dimensional progress under the dynamic leadership of Smt. Rekha Sharma, President, Chetna Welfare Society and Sh. RD Sharma, Coordinator/Patron. I wish Team-Chetna all the best in all times to come.

Lion Anil Arora, Patron



I am happy to know that an esteemed NGO – Chetna Welfare Society, which is dedicated in the service of Divyang/Street Children and making serious efforts to make the women self-dependent by Vocational Training Centre in Beauty Culture & Tailoring. Great – GoAhead.

Shri Mahinder Singh, Vice President



I congratulate Team – Chetna Welfare Society under the presidentship of Mrs. Rekha Sharma, our President and our able guide Sh. RD Sharma under whose guidance, the NGO Chetna is making commendable progress every year.



Shri Chetan Prakash, Treasurer



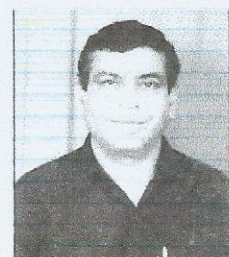
It gives me great pleasure to know that Chetna Welfare Society is rendering exemplary services in Humanity by improving the lot of Divyang Children/Street Children and Poor women. I wish all the best to all concerned.

Shri Surinder Arora, Secretary

I congratulate the Team – Chetna Welfare Society (Regd.) for its dedication and devotion with which it is serving the society, particularly the poor street children, divyang children and poor women. I specially appreciate the efforts of Mrs. Rekha Sharma , President and Mr.RD Sharma, Coordinator.



Shri Tilak Raj Bahl, Secretary



It is a matter of great pleasure to know that Chetna Welfare Society is achieving newer heights every year. May God bless all those who are associated in such noble job.

Dr. Yogesh Bhatia, Executive Member

It gives me immense pleasure and satisfaction that I am associated with such an NGO – Chetna Welfare Society which is contributing significantly in the service of underprivileged segment of the society, particularly Divyang children, Street Children and poor women. The number of beneficiaries of Physiotherapy Centre is becoming larger each passing year.



Shri Deepak Girdhar, Executive Member



The vigour and pursuance with which NGO – Chetna Welfare Society is able to achieve in serving the economically weaker section, and particularly the Street Children and Divyang children is noteworthy.

Shri Deepak Kapoor, Executive Member

It is a matter of great pleasure and pride to know the excellent progress being made by NGO – Chetna Welfare Society in the service of Divyang Children, Street Children and poor women. May God bless all those are associated in this noble job.





RD Sharma
Coordinator/Patron

**Performance
at
par during
2018-19**

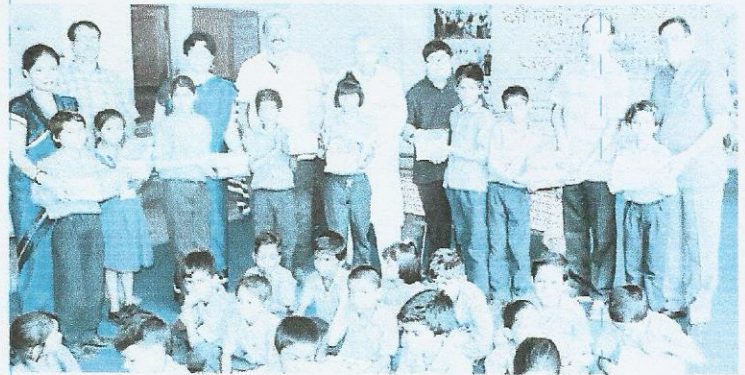
CHETNA- An Awakening **PREFACE**

Chetna Welfare Society (Regd.), established in 2001, today it is one of the leading NGOs (non-profit non-governmental organisation) in the vicinity of Faridabad. Popularly known as Chetna was founded by a group of social workers with the main aim of rehabilitating the Divyang Children and bringing them in the main stream of the society. Although the present Government appears to be quite serious on this issue, yet the onus also lies on the Society to take up the cause of such children more seriously, and Chetna is actively involved in improving the lot of Divyang children and also the Street Children. Chetna Welfare Society's aim is to provide Divyang children appropriate physiotherapy facility supported with special educator and speech therapist, and of-course the basic education and improving their personal hygiene, resultantly to make them self-dependent to the extent possible and bring them in the main stream of the society. Chetna is also supporting Street Children by giving them appropriate education upto primary level and then able to pursue the children and their parents for higher education. Chetna is also contributing significantly in Women Empowerment. Chetna initially started in two rented rooms has now its own building on a plot of 600 sq. yds. at Sohna Road, Sanjay Colony, Near Punjab National Bank, Sector-23, NIT, Faridabad.



Chetna Welfare Society in its continued untiring endeavour to render excellent services to Divyang children, Street Children and Women Empowerment thru Vocational Training Centres in Tailoring, Beauty Culture and Computer learning for weaker section of the society, it completed another year of excellent performance during the year 2018-2019. Chetna, a service oriented NGO, continuously strived to make Divyang and Street children and women from poor segment of the society self-dependent to the extent possible and bringing them in the main stream of the society. Nevertheless, these milestones have been achieved with the dedicated efforts of the Management Committee, the staff and the above all the honourable donors and associates who extended sustainable support wholeheartedly.

The major milestones achieved during the year 2018-2019 are as under:



As per practice in vogue, this year too, the uniform (both summer and winter) were distributed to all the students of Chetna Welfare Society both for Divyang and Street Children, including school bags, pant, shirt, sweaters, socks, shoes, caps etc.



Dr. S. Kumar Nagpal, Founder of Chetna and Team of Social Workers including Sh.Surender Arora, Sh.Tilak Raj Bahl, Sh.Deepak Girdhar from Faridabad alongwith members of the Management Committee including Project Manager Sh.Kailash Pant and Sr. Welfare Officer Smt. Sunita Sharma and Teachers of Chetna took Divyang Children of Chetna for Ganga Snan at Har Ki Pouri, Haridwar. The scenario at Har Ki Pouri of Ganga Snan of these children attracted the most attention of the people gathered there and had a word of appreciation for the Team-Chetna.

Dr. S. Kumar Nagpal, Founder of Chetna and Team of Social Workers including Sh.Surender Arora, Sh.Tilak Raj Bahl, Sh.Deepak Girdhar from Faridabad alongwith members of the Management Committee including Project Manager Sh.Kailash Pant and Sr. Welfare Officer Smt. Sunita Sharma and Teachers of Chetna took Divyang Children of Chetna for Ganga Snan at Har Ki Pouri, Haridwar. The scenario at Har Ki Pouri of Ganga Snan of these children attracted the most attention of the people gathered there and had a word of appreciation for the Team-Chetna.

Excursion Trip to Haridwar



As per tradition in vogue, Chetna celebrated Independence Day in grand manner on 15th August 2018. The function was graced by well known industrialist/educationist/social worker Shri JP Gupta, popularly known as Mehndi wale, besides eminent people from industry, educationists, social workers, Team of Chetna, students of Chetna (Divyang and Street Children), their parents, students of Vocational Training Centre and other guests. Besides Sh.JP Gupta, Team of Lions Club Faridabad Daffodil represented by Sh.Vijay Sharma, President, Sh.SS Mangla, Secretary, Sh.Anil Arora, Lion Suresh Sharma, veteran industrialist Sh.IC Singhal, Sh.Gurnam Singh Viridi, Sh.RK Sharma, Founder of Chetna, Dr.S. Kumar Nagpal, Dr. Yogesh Bhatia, Sh.Mahender Singh, Sh.Tiak Raj, and Team of Beti Bachao Abhiyan lead by eminent social worker Sh.Vasdev Arora, was present alongwith Sh.YP Bhalla, Sh.VK Uppal, Sh.KC Katoch and others were present on the occasion. Divyang Children and street children gave spell bound performances which were acclaimed by all. Smt. Rekha Sharma, President conducted the stage and briefed about the activities of Chetna.

Independence Day 2018

In its continued practice of celebrating Teachers Day, this year too, Teachers Day was celebrated with great spirits among students and teachers of Chetna School for Divyang Children and Satyabhava School for Street Children. The children of both the schools portrayed the role of their Teachers and performed on stage. The Management of Chetna honoured the Teachers with gifts. The students who portrayed the roles of their teachers were also given prizes

Teachers Day – 2018



Preparation for Diwali Mela started much earlier by students and teachers. The students made several items of decoration etc. for display in Diwali Melas. This year too, on the Diwali occasion, students of Chetna participated in the events organised by world famous MNC Amex, Gurugram. The children displayed the items made by them e.g. decoration items, diyas, candles, shagun envelopes, etc. The staff of the company showed keen interest in the activities of children and gave gifts to all the children and the accompanied teachers. President Smt. Rekha Sharma, Coordinator Sh.R.D.Sharma and Smt.Sunita Sharma, Sr. Welfare Officer of Chetna played vital role in this regard. Stall was also put up in the market of Sector-15, Faridabad with the courtesy of Sector-15 Market President – Shri Manohar Puniani. The response was overwhelming. A stall was also put up in the Club premises of IndianOil R&D Centre, Faridabad.

Diwali Mela 2018



Christmas Day 2018

As usual, Christmas Day was celebrated on 25th December 2018 in the campus of Chetna with great enthusiasm among the children. Dr. S. Kumar Nagpal, Founder and Ritik Sharma portrayed the roles of Santa Claus and danced with the children and distributed lot of chocklates and tophies.





Divyang children of Chetna were taken to India Gate, Bangla Sahib Gurudwara and Vrindawan during the year. The children enjoyed Bhandara at Gurudwara Sahib. The purpose of such excursion trips to build confidence in these children and assure them that they are part of the society and not a neglected segment of the society.

Republic Day 2018

As per practice in vogue in Chetna, Republic Day function was organised in befitting manner with great enthusiasm on 26th January 2018.



Books and Stationery for children

In pursuance of its continued practice, Books and Stationery was distributed to Street Children and Divyang children. This included entire required study material for a student which was given free of cost. Shri IC Singhal, Patron and a supporters of Chetna, Shri NK Bhalla and Shri Suresh Sharma who contributed in this kind gesture were present among others



CHETNA SCHOOL FOR DIVYANG CHILDREN



Divyang children, whose total number of such children as on date registered with Chetna is 190 received excellent support in terms of Physiotherapy, Special Educator, Speech Therapist besides basic education, skill development and awareness on hygiene, which has helped greatly in improving their lifestyle. These children also performed cultural activities in functions organised in the campus from time to time which gave them wide exposure in building their self-confidence. Skill development training being imparted to them in making Candles, File Covers, Decorative Diyas, Decorative Tokris, Shagun envelopes has helped them in shaping their future and efforts to bring them in the main stream of the society.

- **Physiotherapy Centre** – a reasonably well-equipped physiotherapy facilities with the help of a qualified Physiotherapist. Around 20 children were major beneficiaries of the project.
- **Special Educator** provided professional skill in different trades
- **Speech Therapist** provided help in improving speech problems
- **Transport facility** – The NGO hires Eco Van for transportation of these special children for to and fro residence to school.



The Management Committee of Chetna Welfare Society, taking serious note of the plight of children from surroundings of its vicinity, who used to roam aimlessly on the roads, pick up fights using filthy language, pick up rags, and engaging themselves in other bad habits, established Satyabhava School for Street Children in the year 2008. Now the number of such children taking benefit of this school goes above 180. The Team – Chetna continued its efforts to make these children at par with other reputed schools. The dedicated Team of Staff of Chetna treat such children with love and care so as to maintain their attraction towards the school. Help of motivators and educationists is also sought from time to time for these children and their parents so that parents get motivated to send their wards to the school regularly. The noteworthy feature of Team Chetna is that after the students pass out 5th class, regular contact is maintained with their parents and persuaded them to send to senior schools and every possible help is provided to them. It is heartening to note that several such children with the support of Chetna completed 10+2, BA, B.Com and B.Tech and are in job today. Recently, a child student of this school, after passing out primary level completed 10+2 and computer course and serving as Teacher in Chetna school itself.

SATYABHAVA SCHOOL FOR STREET CHILDREN



CHETNA VOCATIONAL TRAINING CENTRE

In pursuance of Kaushal Bharat Kushal Bharat Abhiyan by the Hon'ble Prime Minister Shri Narendra Modi ji, Chetna is actively involved in this movement. Efforts are being made by Chetna to empower the women from the weaker section of the society by providing absolutely free Vocational training in the following areas:

- **Tailoring**
- **Beauty Culture**
- **Computer Learning**

Chetna aims at making these economically backward women self-dependent and enable

them to earn their livelihood in respectable manner.

Presently there are 18 girls undergoing training in Beauty Culture, while 15 are taking training in Tailoring, and 22 poor boys and girls in Computer Learning.

As per the feedback received from the trainees, and it is heartening to note that all the girls who completed the course in Tailoring and Beauty Culture are either self-employed or working in different beauty parlours. The Computer Learning has helped the trainees in finding the jobs easily.



EXTRA CURRICULAR ACTIVITIES

As already stated hereinabove, Chetna's main aim is to make Divyang Children, Street Children and Poor Women self-dependent to the extent possible and bring them in the main stream of the society, and as such we focus on overall personality development of these children, assess their hidden talent, and provide the following facilities in this context.

Dance and Music: Efforts are made to explore the hidden talent of such children and encouraging results have been noted. Help of professionals is also sought in this trade from time to time.

Yoga/Sports: Yoga specialists are invited to organise Yoga Classes from time to time to keep these children fit and healthy which helped these children in enhancing their stamina.

Parents Teachers Meet: Regular meetings are

organised between Parents of the children, Teachers and eminent social workers and apprise them of the importance of education for their children, avoidance of bad habits in them like smoking/drinking and sexual abuse of their women, family planning, cleanliness in and around their houses etc.

Health Check up Camps: General health check up camps are organised from time to time including dental and eye checking. Anemic children are given appropriate medicines as well.

Acknowledgment

I sincerely thank the able guidance of Sh. Dauji Singh and Smt. Rekha Sharma without whose support it would not have been possible to bring out this Annual Report in this form.

I also thank Shri Suresh Kataria for his support in publishing this Annual Report in its form.

NEW FACILITY PHOTOSTAT INTRODUCED IN CHETNA

Recently for the benefit of children photostat machine was added in the Chetna School for Divyang & Street Children. With this facility it is expected that children will be able to learn the technique of photostat copies.



ESTIMATED & ANTICIPATED BUDGET FOR THE YEAR 2019-20

Sr.No.	Description of Expenditure	Estimated Amount (Rs.)
1.	Chetna School for Divyang Children	17,07,000.00
2.	Satyabhawa School for Street Children	7,44,000.00
3.	Development Project	7,14,400.00
4.	Computer Training	1,34,000.00
5.	Vocational Training (Tailoring & Beauty Parlour)	1,92,000.00
6.	Building construction 1st Floor	60,87,000.00

BENEFICIARIES DURING THE YEAR 2018-19

Sr.No.	Description of Beneficiaries	Nos.
1.	Divyang Children	82
2.	Street Children	190
3.	Physiotherapy	18
4.	Computer Training	20
5.	Tailoring Training	24
6.	Parlor Training	20
7.	Pass out Student Class 5th year	14



**समाज को नई दिशा देने में प्रयासरत हैं
समाजसेवी दम्पति आर.डी. शर्मा व रेखा शर्मा**

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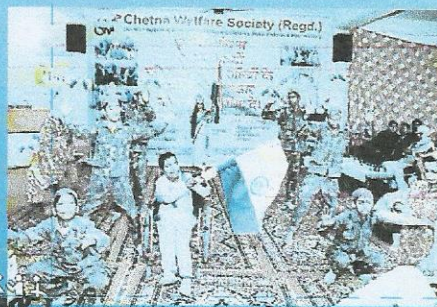
Figure 1



3528 J. Neurosci., September 24, 2008 • 28(39):3523–3530



दित्यांग एवं स्ट्रीट चिल्डन की सेवा में समर्पित

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Chetna Welfare Society (Regd.)

(An NGO Dedicated in the Service of Divyang Children/ Street Children & Poor Women)



**इन दिव्यांग
ब**



**अबोध बच्चों
की नन्ही-नन्हीं**



**आँखों के सपनों
को**



**साकार करने
हेतु सहयोग दें।**



All Donations to Chetna Welfare Society (Regd.) are exempted U/S 80G of Income Tax Act 1961

**To bring smiles on these helpless
ones you can support us by way of:**

- Sponsor a Child on Monthly payment of Rs. 1000/-
- Donate a Sewing Machine
- Donate a Computer
- Donate School Furniture
- Books & Stationery
- Uniform
- Bhandara for Children

**Address: Sohna Road, Near Punjab National Bank,
F-Block, Sanjay Colony, Sector-23,
NIT, Faridabad 121005**

Contact: 0129-2236157, 9268702031, 9899790455

Email: chetnawelfare7@gmail.com

rdsharma455@gmail.com,

Website: www.chetna_welfare.org

online payment - Allahbad Bank, A/c No. 50031092596, IFSC - Alla0210330

Attested
For Chetna Welfare Society (Regd.)

Ratna Sharma
President