

Chetna Welfare Society (Regd.)

An **NGO** Dedicated in the Service of
Divyang Children
Street Children
&
Women Empowerment

Atkesh
For Chetna Welfare Society (Regd.)
Rekha Sharma
President



सपने वो नहीं होते जो आप सोने के बाद देखते हैं,
सपने वो होते हैं जो आपको सोने नहीं देते।”

डॉ. ऐ.पी.जे. अब्दुल कलाम

Annual Report 2019-20





अध्यक्षा की कलम से

चेतना वैलफेयर सोसायटी वर्ष 2019-20 की वार्षिक रिपोर्ट स्वतंत्रता दिवस के उपलक्ष्य पर विमोचन करने पर मुझे अत्यन्त हर्ष हो रहा है। हमारी संस्था चेतना वैलफेयर सोसायटी, जो चेतना के नाम से प्रसिद्ध है, सामाजिक कल्याण कार्यों में निरन्तर प्रयासरत है। मैं इस संस्था के उज्ज्वल भविष्य की कामना करते हुए आशा करती हूँ कि चेतना जनहित कार्यों में प्रेरणास्रोत एवं एक मिसाल बनें।

यह बहुत गर्व व हर्ष की बात है कि आज भारत के नागरिकों में समाज के प्रति अपने दायित्व की जागरूकता बढ़ी है। और विशेषरूप से फरीदाबाद शहर में यहाँ शिक्षा के प्रति जागरूकता बढ़ी है वही समाज के उस वर्ग के बच्चों जिनका अपने मन व तन पर नियंत्रण नहीं है, यानि के वे बच्चों जो मानसिक व शारिरिक रूप से अक्षम हैं उनको सक्षम बनाकर समाज की मुख्य धारा में लाना अपना दायित्व ही नहीं, बल्कि धर्म व कर्म है। मंहगी शिक्षा के कारण कमजोर वर्ग के होनहार बच्चे चाहकर भी शिक्षा प्राप्त नहीं कर पाते, और इस सन्दर्भ में दिव्यांग बच्चों की शिक्षा और भी गम्भीर है। चेतना वैलफेयर सोसायटी (रजि.) ने इस तथ्य को मद्दे नजर रखते हुए चेतना स्कूल फॉर दिव्यांग चिलड्रन की स्थापना की और आज न केवल 200 बच्चों जिनको अक्षम से सक्षम बनाने में प्रयासरत है, समाज में इस सन्दर्भ में जागरूकता में भी सफलतापूर्वक प्रयास कर रही है। साथ ही वो बच्चे जो गलीयों में बिना उद्देश्य धुमना व गंदी आदतों में लिप्त होना उनके लिए चेतना स्कूल फॉर स्ट्रीट चिलड्रन खोला गया जहाँ आज करीब 250 बच्चों प्राइमरी स्कूल तक की शिक्षा प्राप्त कर रहे हैं, और प्राइमरी के बाद 10+2 के सरकारी स्कूलों में दाखिला दिलवाना और इन बच्चों के अभिभावकों के साथ लगातार सम्पर्क रखना एक चुनौतीपूर्ण कार्य में सफलतापूर्वक प्रयासरत है। ऐसे कई बच्चे संस्था के सहयोग से 10+2, बी.ए., बी. कॉम., बी. टैक जैसी शिक्षा प्राप्त कर आज नौकरियाँ कर रहे हैं। चेतना ने अभावग्रस्त महिलाओं को पिछले 15 वर्षों से सिलाई में प्रशिक्षण देकर उन्हें सफलतापूर्वक आत्मनिर्भर बनाने में और पिछले चार वर्ष से ब्यूटी पालर प्रशिक्षण द्वारा एक और इस दिशा में ठोस कदम उठाया है। चेतना द्वारा किये जा रहे उपरोक्त सभी समाज कल्याण कार्य निःशुल्क है, और ये सम्भव हो पाया उन सभी आदरणीय दानदाताओं के सहयोग से जिनका मैं और समस्त कार्यकारी तह दिल से धन्यवाद करती हूँ।

वर्तमान भौतिकवाद समय में स्वार्थमय जीवन के बीच कोई व्यक्ति इतना त्याग और सेवा करने के बावजूद लाभपाने से भी परहेज कर रहा हो तो सोचा जा सकता है कि उसका उद्देश्य व नीयत कितना पवित्र है। इस स्वार्थमय समाज में अभी भी ऐसे व्यक्ति हैं जो केवल दुसरो के कल्याण के लिए सोचते ही नहीं, बल्कि अपनी पूरी क्षमता से उसे क्रियाविभक्त भी करते हैं। ऐसी मान्यता है कि उच्चतम उद्देश्य के लिए किया गया कोई प्रयास अधूरा नहीं रहता, उसे दैवीय सहयोग अवश्य मिलता है। ऐसे निस्वार्थ समाजसेवियों से प्रेरणा और प्रकाश मिलता है, ऐसे समाजसेवी जो चेतना वैलफेयर सोसायटी से जुड़े, मैं उन्हें नम्र करती हूँ और मुझे गर्व है कि मैं ऐसी संस्था की अध्यक्षा हूँ। हमारे जीवन में मानव सेवा का बहुत महत्व है और जब हम दिव्यांग व गरीब बच्चों की सेवा करते हैं तो यह महत्व और भी बढ़ जाता है। कहते हैं कि मानव जीवन भाग्य है तो मानव सेवा सौभाग्य है। चेतना वैलफेयर सोसायटी समाज सेवा का वह प्रारूप है जिसके माध्यम से मानव सेवा कर आप अपने आप को भाग्यशाली बना सकते हैं।

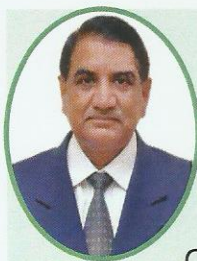
अन्त में मैं संस्था के संस्थापक डॉ. एस कुमार नागपाल, महासचिव श्री दारुजी सिंह व संयोजक श्री आरडी शर्मा एवं समस्त कार्यकारी का आभार प्रकट करती हूँ जिनके मार्गदर्शन में मुझे अपना दायित्व निभाने में सहयोग मिला।

आईये अपने हाथ बढ़ाएँ और अपने छोटे से अनुदान से ऐसे बच्चे जिनका अपने तन और मन पर कोई नियंत्रण नहीं है और स्ट्रीट चिलड्रन आपकी करुणा के हकदार हैं उनका उज्ज्वल भविष्य बनाने में सहयोग दें।

आपके सहयोग एवं शुभकामनाओं सहित

आपकी सेवा में,
रेखा शर्मा, अध्यक्षा





ACKNOWLEDGEMENT

Dear Readers,

It is my great pleasure and privilege to present before you the Annual Report of Chetna Welfare Society (Regd.) for the year 2019-2020.

The aim of presenting before you the Annual Report of Chetna Welfare Society (Regd.) is to brief the highlights of the activities of the Chetna during the year 2019-20. I am glad to inform you that Chetna has made appreciable contribution in all spheres of its each social welfare activities, e.g. School for Divyang Children, Satyabhava School for Street Children, Chetna Vocational Training Centre in Tailoring, Beauty Culture and Computer. Our worthy Hony. President – a well known social worker in Faridabad has made an thought provoking Appeal to you, and I, on behalf of the Managing Committee, once again express my gratitude for your kind support and also solicit the same for the future as well so as to enable us to sustain this herculean social task. We request you to kindly consider sponsoring a child @ Rs.1000/- per month or donate the material like uniform, shoes, stationery, furniture, etc. You can also celebrate your children (or family members) birthday, wedding anniversary, by helping us or by organising a Bhandara for the children and thus you can seek the blessings of the Almighty, as you are serving His children.

All Donations Made To Chetna Welfare Society (Regd.) are Exempted u/s 80G of Income Tax Act. Lastly, I on behalf of the Management Committee, sincerely thank Shri R.D.Sharma (former Chief Manager-Admn. & Welfare, IndianOil), Patron/Coordinator, Chetna who besides bringing this Annual Report, has also given new impetus to the NGO with his able guidance, dedication and devotion.

May God bless you all

(DAUJI SINGH)
General Secretary

APPEAL



Dear Readers.

I take great pleasure and privilege to welcome you all on behalf of the Management Committee of Chetna Welfare Society for your continuous support in our endeavour to serve the children who need your kind support – Divyang and Street Children, and the serious efforts of Chetna to help the women from weaker section of the Society by making them self-dependent by way of Vocational Training Centre in Tailoring, Beauty Parlour and Computer.

Without your support, it is not possible to sustain our mission of improving the lot of underprivileged section of the society.

I once again appeal to you to kindly donate generously in the noble cause for which Chetna is committed, and earn the blessings of God by serving His children who are deprived of appropriate physical fitness and economically.

With best wishes

DR. S. KUMAR NAGPAL

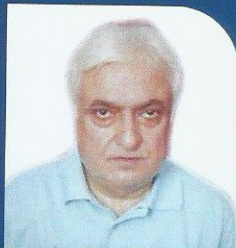
Founder



CHETNA WELFARE SOCIETY (REGD.)

Management Committee

Sh.R.K. Makkar, Patron



It gives me immense pleasure to note that Chetna Welfare Society is contributing significantly in improving the lot of Divyang children, Street children and poor women, and thus rendering pioneering services to Humanity.

Rtn. Gurnam Singh Viridi, Patron



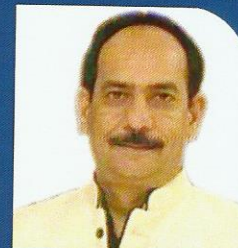
It gives me great satisfaction that Chetna Welfare Society is steadily making progress under the dynamic leadership of Smt. Rekha Sharma, President, Chetna Welfare Society. I wish Chetna all the best in all times to come.

Shri I.C. Singhal, Patron



I am glad to know that Chetna Welfare Society is achieving milestones after milestones every year. I sincerely thank and bless President, Mrs. Rekha Sharma and Coordinator/Patron – Sh. R.D.Sharma for making serious efforts in taking the NGO-Chetna to newer heights.

Lion Anil Arora, Patron



I am happy to know that an esteemed NGO – Chetna Welfare Society, which is dedicated in the service of Divyang/Street Children and making serious efforts to make the women self-dependent by Vocational Training Centre in Beauty Culture & Tailoring. Great – Go Ahead.

Shri R.K. Sharma, Patron



It gives me lot of pleasure to know that Chetna Welfare Society has made its own place in the most esteemed NGOs of not only Faridabad but in NCR itself, and fully committed in the service of Humanity.

Shri Mahinder Singh, Vice President



I congratulate Team – Chetna Welfare Society under the presidentship of Mrs. Rekha Sharma, our President and our able guide Sh. RD Sharma under whose guidance, the NGO Chetna is making commendable progress every year.

CHETNA WELFARE SOCIETY (REGD.)

Management Committee

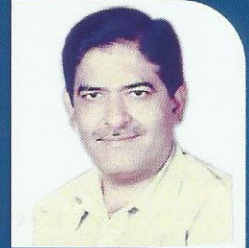
Shri Chetan Prakash, Treasurer



It gives me great pleasure to know that Chetna Welfare Society is rendering exemplary services in Humanity by improving the lot of Divyang Children/Street Children and Poor

women. I wish all the best to all concerned.

Shri Surinder Arora, Secretary



I congratulate the Team – Chetna Welfare Society (Regd.) for its dedication and devotion with which it is serving the society, particularly the poor street children, divyang children and poor women. I

specially appreciate the efforts of Mrs. Rekha Sharma , President and Mr.RD Sharma, Coordinator.

Shri Tilak Raj Bahl, Secretary



It is a matter of great pleasure to know that Chetna Welfare Society is achieving newer heights every year. May God bless all those who are associated in such noble job.

Dr. Yogesh Bhatia, Executive Member



It gives me lot of satisfaction that I am associated with such an NGO – Chetna Welfare Society which is contributing significantly in the service of underprivileged segment of the society, particularly Divyang children, Street

Children and poor women. The Physiotherapy Centre is becoming very popular day by day

Shri Deepak Girdhar, Executive Member



The pursuance with which NGO – Chetna Welfare Society is able to achieve in serving the economically weaker section, and particularly the Street Children and

Divyang children is noteworthy.

Shri Deepak Kapoor, Executive Member



I am happy to know the excellent progress being made by NGO – Chetna Welfare Society in the service of Divyang Children, Street Children and poor women. May God bless all those are associated in this noble job.



CHETNA

A Performance par excellence during 2019-2020

RD Sharma
Coordinator/Patron

Chetna Welfare Society an NGO (non-governmental non-profit organisation) was founded by a great social think-tank concerning the issue of Differently Abled Children (Mentally & Physically challenged), now a very respectable name given by our Hon'ble Prime Minister Shri Narinder Modi ji as Divyang Children. The main aim of Chetna is to rehabilitate these Divyang Children , make them self-dependent to the extent possible, and bring them in the main stream of the society. Although the present Government appears to be quite focussed on this issue, yet the onus also lies on the Society to take up the cause of such children more seriously. Chetna, besides Divyang children is also focussed on the issue of Street Children and Women Empowerment. Chetna started in 2001 in a 2-room rental premises, now stands on its own building on a plot of 600 sq.yds at Sohna Road, Sanjay Colony, Sector-23, NIT, Faridabad.



PERFORMANCE PAR EXCELLENCE

Chetna in its continued dedicated efforts and untiring endeavour to render appropriate services to Divyang Children, Street children and poor girls from the surrounding areas mostly inhabited in slum dwells and from underprivileged category, it completed another year of commendable performance during the year 2019-20. Chetna, a service oriented NGPO, continuously strived to make Divyang children, Street children and poor women from the poor segment of the society, as self-dependent to the extent possible and bring them in the main stream of the society. Several Divyang children with the guidance and support of Chetna are engaged in respectable jobs in variety of stores, such as medical etc. and elsewhere. Similarly several street children with the continued support and guidance of our NGO completed their education such as 10+2, BA, B.Com etc. and employed in reasonable jobs. As regards women empowerment, several poor girls after getting appropriate training from NGO, are earning their livelihood in respectable manner either by way of tailoring, or working in Beauty Parlour and engaged in their own jobs.



Nevertheless, all this performance has been achieved with the dedicated efforts of the Management Committee, the Chetna Staff, and above all the honourable Donors and Associates who extended sustainable support.

MAJOR MILESTONES ACHIEVED DURING THE YEAR

The salient features of the major milestones achieved during the year 2019-20 are as under:

• Distribution of Uniform

As per practice in vogue, this year too, the Uniforms (both summer and winter) were distributed to all the students of Chetna School for Divyang Children, and School for Street Children including special uniform for Divyang children, trousers, shirts, sweaters, socks, shoes, school bags, caps, etc.



SRI KRISHNA JANMASTHMI

The festival of Sri Krishna Janmasthanmi was celebrated in a grand manner. On this occasion, the students of Chetna School for Divyang children and Street Children, and Trainees of Vocational Training Centre in Tailoring and Beauty Culture jointly presented cultural programme depicting different aspects of life of Lord Krishna.



RENOVATION OF BUILDING OF CHETNA

With the financial support from Deeksha Smile Foundation, an NGO dedicated in the service to Humanity under the presidentship of Shri Narinder Kumar Bhalla, the building of Chetna was renovated with appropriate painting etc. An expenditure of Rs.50,000/- was incurred by Deeksha Smile Foundation. On completion of the job the esteemed Members of the Management Committee of Deeksha Smile Foundation were appropriately honoured for their kind gesture.



Team of Deeksha Smile Foundation

TEACHERS DAY

In continuance of practice in vogue at Chetna, this year too, Teachers Day was organised in an appropriate manner. On this day Principals from Govt. College, Govt. Schools and Private Schools and Teachers who contributed significantly in their respective areas were honoured with Memento with their photos and citation.

WORLD DISABLE DAY

World Disable Day (Vishv Divyang Divas) was organised in a befitting manner in the campus of Chetna Welfare Society. Divyang Children presented heart-touching performance of cultural programme.



CHRISTMAS DAY & EYE CHECK-UP CAMP

As usual, in practice at Chetna every year, this year too, Christmas Festival was celebrated in a grand manner. Dr.S. Kumar and Ritik Sharma presented themselves as Santa Claus to the amusement of children. Christmas Cake was cut and served to all the students and sweets were distributed besides Bhandara organised on the occasion. Lions Club Faridabad Daffodil & Beti Bachao Abhiyan participated in the programme. An Eye check-up Camp was also organised and free spectacles & medicines were distributed to people from under privileged segment of society.





Republic Day & Health Check-up Camp

This year too, Republic Day was celebrated in a grand manner. Besides National Flag hoisting and National Anthem, Divyang children, Street Children and Trainees of Vocational Training Centre presented patriotism based cultural programme in an impressive manner. Bhandara was also organised on the occasion. A general Health Check-up Camp was organised with the helped of Janhit Smiti. Hon'ble MLA Shri Neeraj Sharma graced the occasion besides eminent personalities





WORLD WOMEN DAY

Like every year, this year too, World Womens Day was organised in befitting manner. On this occasion, eminent women who contributed significantly in their respective areas were honoured with appropriate memento, shawl and gift. Heart-touching skits were presented depicting the status of women in the country, particularly Beti Bachao Beti Padhao.

BASANT PANCHAMI

On the occasion of Basant Panchami, puja of Maa Saraswati was organised with participation of all the students, Teachers, and eminent Guests. Cultural programme was presented by the students of Divyang Children and Street Children and Trainees of Vocational Training Centre.

BOOKS & STATIONERY FOR CHILDREN

As per practice in the NGO, Books and Stationery were distributed to the students of Chetna School for Divyang children and Street Children.

ENVIRONMENT PROTECTION

An event on the theme of Environment Protection was organised at Town Park, Sector 12, Faridabad by the students of Chetna Welfare Society displaying Board of Save Environment in association with Beti Bachao Abhiyan. The event was well organised and well received in the Press.

RATION DISTRIBUTION TO POOR FAMILIES OF STUDENTS OF CHETNA

Due to lockdown and in view of difficulties being faced by poor families of students studying in Chetna School for Divyang Children and School for Street Children and Vocational Training Centre, ration items were distributed to them by the Chetna Welfare Society.



CHETNA SCHOOL FOR STREET CHILDREN

The Management Committee of Chetna Welfare Society, taking serious note of the plight of children from surroundings of its vicinity, who used to roam aimlessly on the roads, pick up fights using filthy language, pick up rags, and engaging themselves in other bad habits, established Satyabhava School for Street Children in the year 2008. Now the number of such children taking benefit of this school goes above 180. The Team – Chetna continued its efforts to make

these children at par with other reputed schools. The dedicated Team of Staff of Chetna treat such children with love and care so as to maintain their attraction towards the school. Help of motivators and educationists is also sought from time to time for these children and their parents so that parents get motivated to send their wards to the school regularly. The noteworthy feature of Team Chetna is that after the students pass out 5th class, regular contact is maintained with their parents and persuaded them to send to senior schools and every possible help is provided to them. It is heartening to note that several such children with the support of Chetna completed 10+2, BA, B.Com and B.Tech and are in job today. Recently, a child student of this school, after passing out primary level completed 10+2 and computer course and serving as Teacher in Chetna school itself.



CHETNA VOCATIONAL TRAINING CENTRE

In pursuance of Kaushal Bharat Kusal Bharat Abhiyan by the Hon'ble Prime Minister Shri Narendra Modi ji, Chetna is actively involved in this movement. Efforts are being made by Chetna to empower the women from the weaker section of the society by providing absolutely free Vocational training in the following areas:

- **Tailoring**
- **Beauty Culture**
- **Computer Learning**

Chetna aims at making these economically backward women self-dependent and enable them to earn their livelihood in respectable manner.

Presently there are 18 girls undergoing training in Beauty Culture, while 15 are taking training in Tailoring, and 22 poor boys and girls in Computer Learning.

As per the feedback received from the trainees, and it is heartening to note that all the girls who completed the course in Tailoring and Beauty Culture are either self-employed or working in different beauty parlours. The Computer Learning has helped the trainees in finding the jobs easily.



EXTRA CURRICULAR ACTIVITIES

As already stated hereinabove, Chetna's main aim is to make Divyang Children, Street Children and Poor Women self-dependent to the extent possible and bring them in the main stream of the society, and as such we focus on overall personality development of these children, assess their hidden talent, and provide the following facilities in this context.

Dance and Music: Efforts are made to explore the hidden talent of such children and encouraging results have been noted. Help of professionals is also sought in this trade from time to time.

Yoga/Sports: Yoga specialists are invited to organise Yoga Classes from time to time to keep these children fit and healthy which helped these children in enhancing their stamina.

Parents Teachers Meet: Regular meetings are organised between Parents of the children, Teachers and eminent social workers and apprise them of the importance of education for their children, avoidance of bad habits in them like smoking/drinking and sexual abuse of their women, family planning, cleanliness in and around their houses etc.

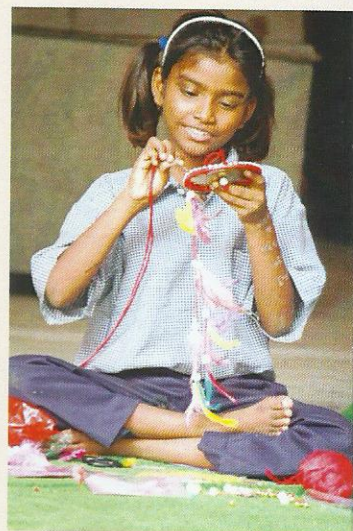
Health Check up Camps: General health check up camps are organised from time to time including dental and eye checking.

Anemic children are given appropriate medicines as well.

Acknowledgment

I sincerely thank the able guidance of Sh. Dauji Singh and Smt. Rekha Sharma without whose support it would not have been possible to bring out this Annual Report in this form.

I also thank Shri Suresh Kataria for his support in publishing this Annual Report in its form.



ESTIMATED & ANTICIPATED BUDGET FOR THE YEAR 2020-21

Sr.No.	Description of Expenditure	Estimated Amount (Rs.)
1.	Chetna School for Divyang Children	17,98,770.00
2.	Satyabhawa School for Street Children	7,74,900.00
3.	Development Project	7,95,576.00
4.	Computer Training	1,40,700.00
5.	Vocational Training (Tailoring & Beauty Parlour)	1,98,000.00
6.	Building construction	62,08,740.00
7.	Midday Meal and Home Science Training 1500 per Day for	4,50,000.00
	TOTAL	1,03,27,710.00

BENEFICIARIES DURING THE YEAR 2019-20

Sr.No.	Description of Beneficiaries	Nos.
1.	Divyang Children	84
2.	Street Children	195
3.	Physiotherapy	22
4.	Computer Training	20
5.	Tailoring Training	27
6.	Beauty Parlor Training	27
7.	Medical Checkup Camp	230
8.	Pass out Student	16





Chetna Welfare Society (Regd.)

(An NGO Dedicated in the Service of Divyang Children/ Street Children & Poor Women)

इन दिव्यांग व अबोध बच्चों
की नन्हीं-नन्हीं आँखों के सपनों
को साकार करने हेतु सहयोग दें।



All Donations to Chetna Welfare Society (Regd.) are exempted U/S 80G of Income Tax Act 1961

To bring smiles on these helpless ones you can support us by way of:

- Sponsor a Child on Monthly payment of Rs. 1000/-
- Donate a Sewing Machine
- Donate a Computer
- Donate School Furniture
- Books & Stationery
- Uniform
- Bhandara for Children

Address:

Sohna Road, Near Punjab National Bank, F-Block, Sanjay Colony, Sector-23, NIT, Faridabad 121005

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